

2022 Hope Volleyball Open Gym and Tryout Schedule

All athletes MUST have a current physical on file at the school to attend Open gyms and Tryouts. You can print a physical form from the website and it must be completed and returned to Coach Best or Coach Kirby before you can participate. You can bring it when you come to the Open Gym or the 1st day of tryouts.

Athletes MUST Register(click link on volleyball page) at the Hope Middle School website to attend open gyms and tryouts.

Email questions/concerns to Coach Best at jrbest13@gmail.com

We will have one open gym before tryouts (August 16th). Open gym is voluntary, but they will give you an idea about what to expect during tryouts.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8/16 Open Gym 4-6pm	8/17 Tryouts 4-6pm	8/18 Tryouts 4-6pm	8/19 Tryouts(if needed) 4-6pm Or Practice	
	8/22 Practice 4-6 Parent Meeting after practice	8/23 Practice 4-6	8/24 Practice 4-6	8/25 Practice 4-6	8/26 Practice TBA	

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